

'Someone should just have asked me  
what was wrong [at school].'

'It'd be good if teachers got a lesson about  
how children like me are kind of feeling.'

**Tim Haines**

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**families  
outside**



HE's

8 years old and his brother is in prison but no one asks how he is

DOING

even though he misses him every day and he

JUST

can't cope with the secret anymore and the change in family life. Things really aren't

FINE



GIRFEC

voicing the needs of families  
affected by imprisonment



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How can we engage with schools?

Why is it important?



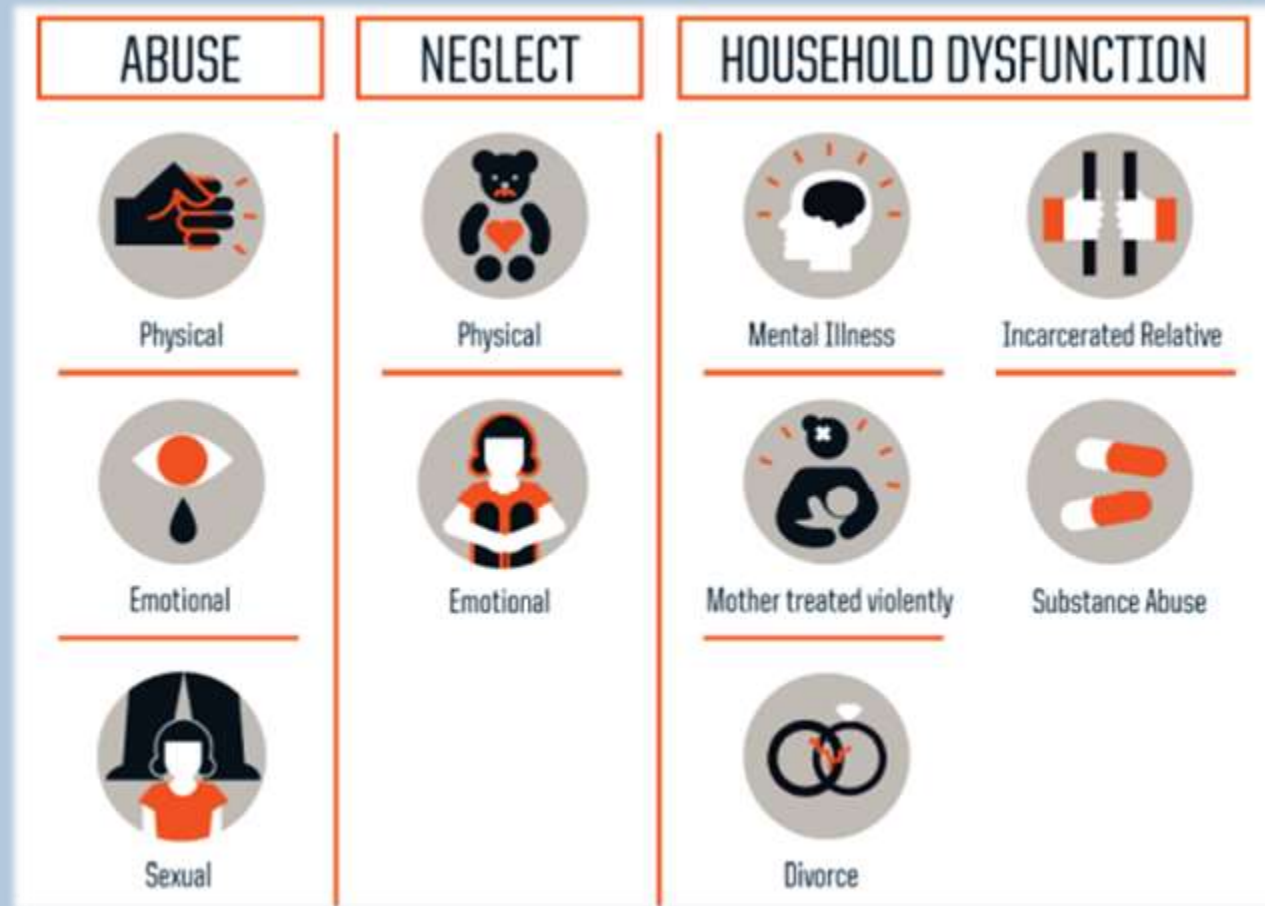
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## The Golden Rules of KIN



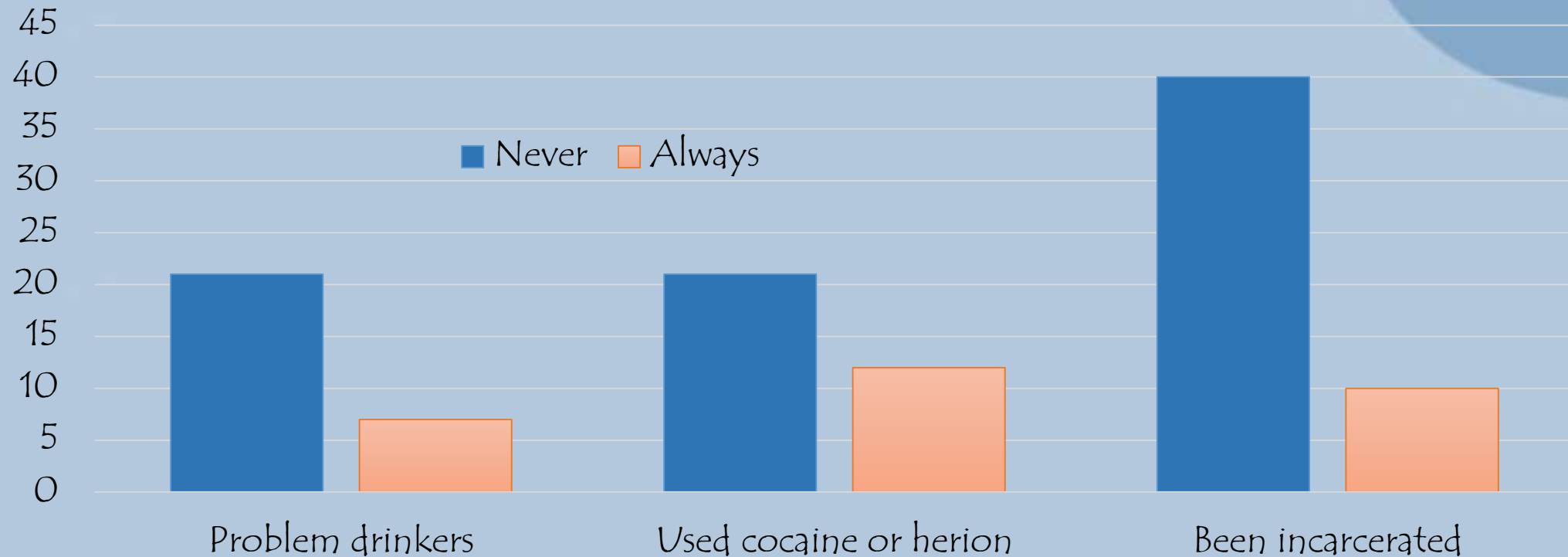
# Adverse Childhood Experiences – ACEs



<http://www.healthscotland.scot/media/1517/tackling-the-attainment-gap-by-preventing-and-responding-to-adverse-childhood-experiences.pdf>

# Building Resilience – Helping People Cope with ACEs

Children experiencing 4+ ACEs were asked: as a child was there an adult you trusted and could talk to about your problems?



Family Resilience Assessment Tool for Health Visitors (Wallace, University of South Wales)

Building Resilience – Helping people cope with ACES Based on Strengthening the Foundations of Resilience, Harvard, Wales ACE Survey, 2015

# Teachers experience life behind bars

- Training sessions for teachers – in prison – ‘walk in the shoes of visitors’
- Collaboration with Scottish Prison Service
- Over 1,500 teachers attended across Scotland
- 100% recommend
- Run sessions outwith prisons as requested – schools / teacher training universities
- Resources and guidance



# What can school communities do?

- Maintain a non-judgmental attitude
- Provide a safe space to listen / talk (about how feel / relative)
- Encourage ongoing contact (where appropriate) e.g. visits / letters / email / sending examples of work / homework / keep scrapbook
- Keep parent in prison informed e.g. reports
- Provide support / information for families
- Consider in-school support groups
- Build issues surrounding imprisonment into curriculum

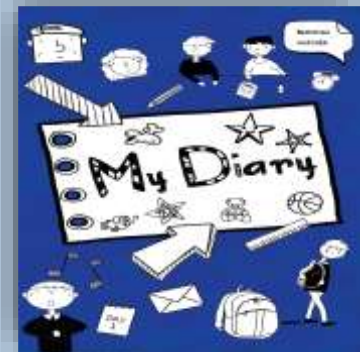




# Resources for School Setting



<https://www.familiesoutside.org.uk/publications/schools/>



# Little steps ... significant outcomes

'The smallest key for the door to be opened and that person can just keep the key and they don't have to open it. It just shows that you're willing to talk about it.'

'Having just one person who understands can make such a difference.'

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