

Community Based Health & First Aid



ETBI

Education & Training Board Ireland



**Ireland 1st country in world to
introduce CBHFA in a prison setting
in 2009.**

**By 2014, the programme had been
extended to all 14 prisons in
Ireland.**



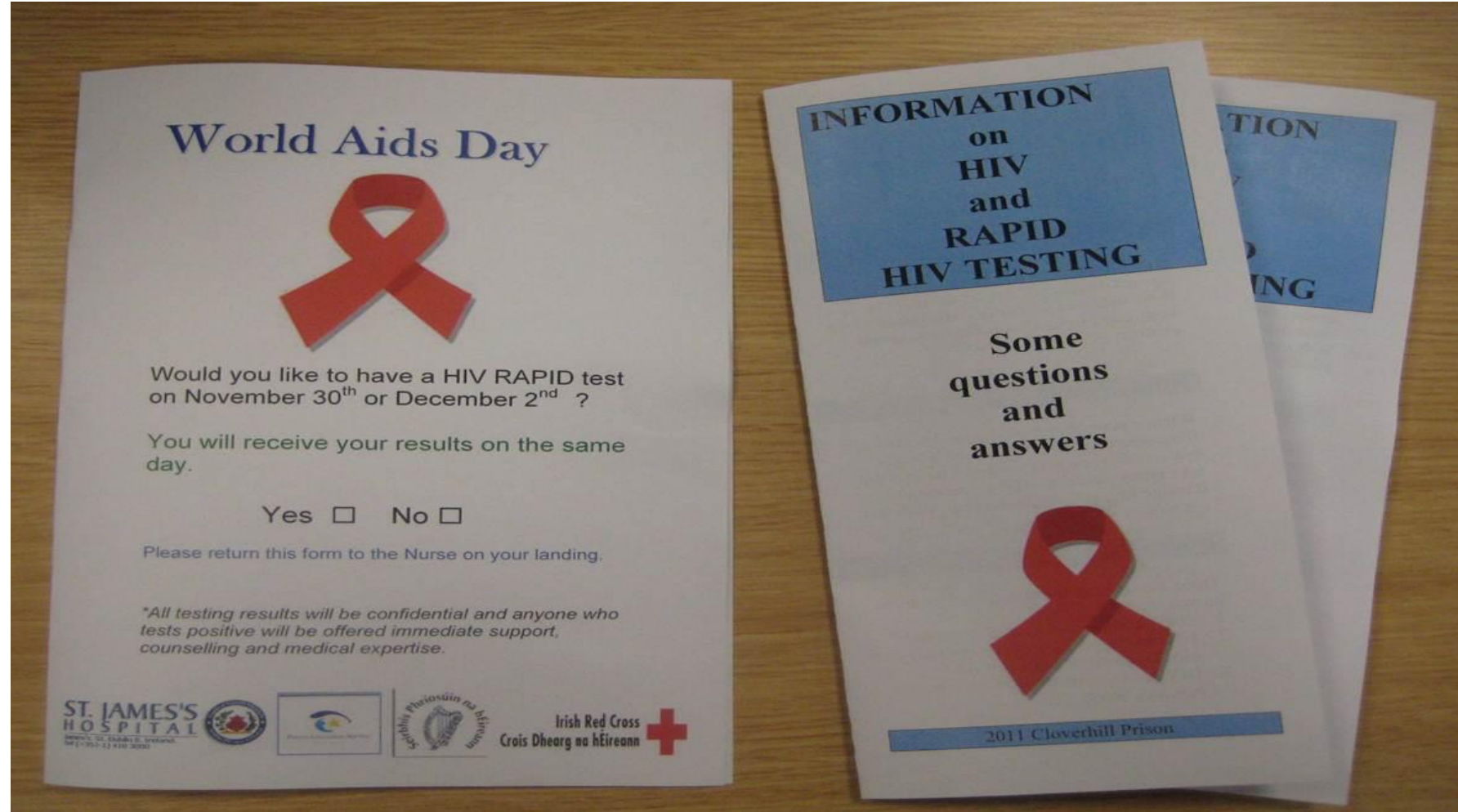
A person in a blue and white striped shirt stands in front of a large wall covered with architectural drawings and maps. The person is pointing at a specific area on one of the drawings. The drawings include a site plan, a floor plan, and a map of the surrounding area. The site plan shows a building with a central courtyard and several smaller buildings around it. The floor plan shows a large building with many rooms and a central corridor. The map shows the location of the building within a larger area, including roads and other buildings. The person appears to be explaining the drawings to someone off-camera.



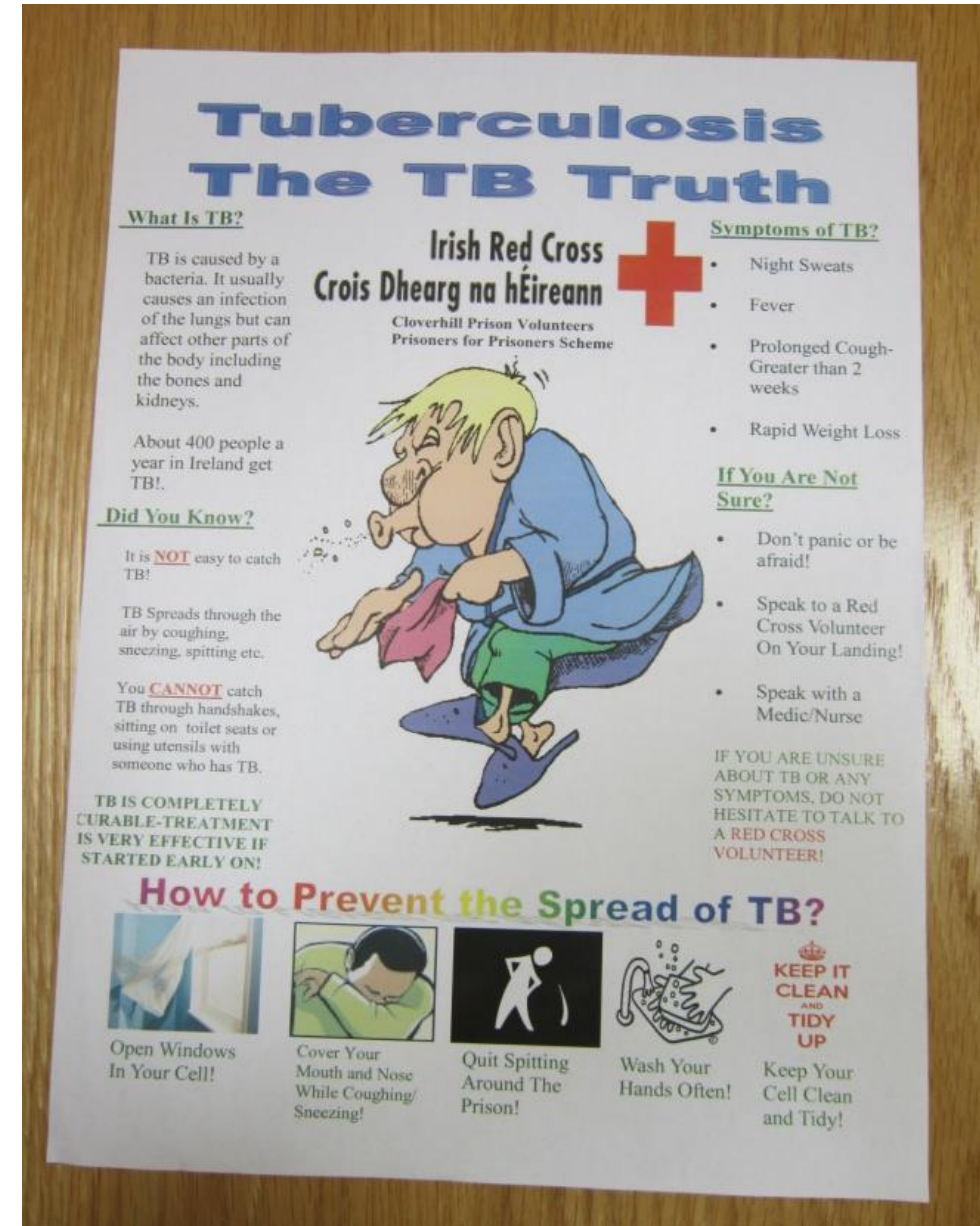
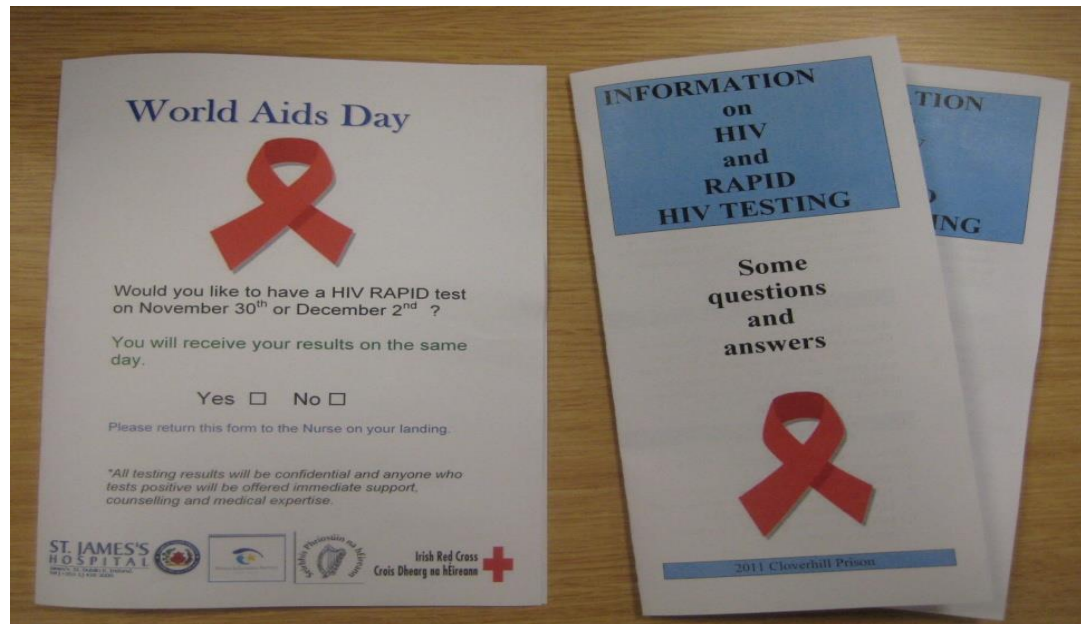
Examples of Projects undertaken by IRC Volunteer Inmates

- Voluntary Rapid HIV Testing
- Tb Awareness campaigns
- Colour coded mop & buckets
- Overdose Prevention
- Violence prevention workshops
- Smoking cessation
- Women's Health including Smear Tests and Contraception Protection for women being released from prison
- Blood pressure checking, Dental Hygiene, Nutrition & Fitness
- Weapons Amnesty to remove cutting weapons, 95% less cuttings & 50% less assaults
- Induction information for new committals

HIV Rapid Testing



Health Promotion and Disease Prevention



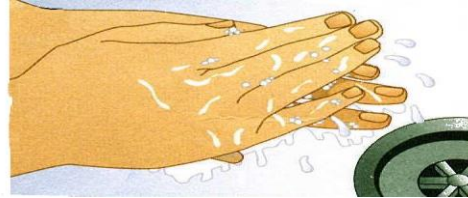
Hygiene Projects



Six Stage Handwashing



1) PALM to PALM



2) BACK of HANDS



3) IN BETWEEN FINGERS



4) FINGERTIPS



5) TUMBS & WRISTS



6) FINGERNAILS

Wash hands for a period of 20 seconds
Using a soapy lather with hot water
Rinse hands with clean water

Health Promotion post Prison



Conclusions

