

# Session 3: Interventions that Work

## *B - Intervention*

**Chair:** Dr Mary Rogan,  
Chairperson, IPRT Board



# Jigsaw *youngballymun*



**“Shifting focus from criminal justice to social justice”**

23rd September, 2010

Lorna Powell

Jigsaw youngballymun

Programme Coordinator







# *Youngballymun- The Life Cycle Approach*

**Ready Steady Grow**

**3,4, 5 Learning Years**

**Incredible Years**

**Write Minded**

**Jigsaw – *youngballymun***

**Literacivic**



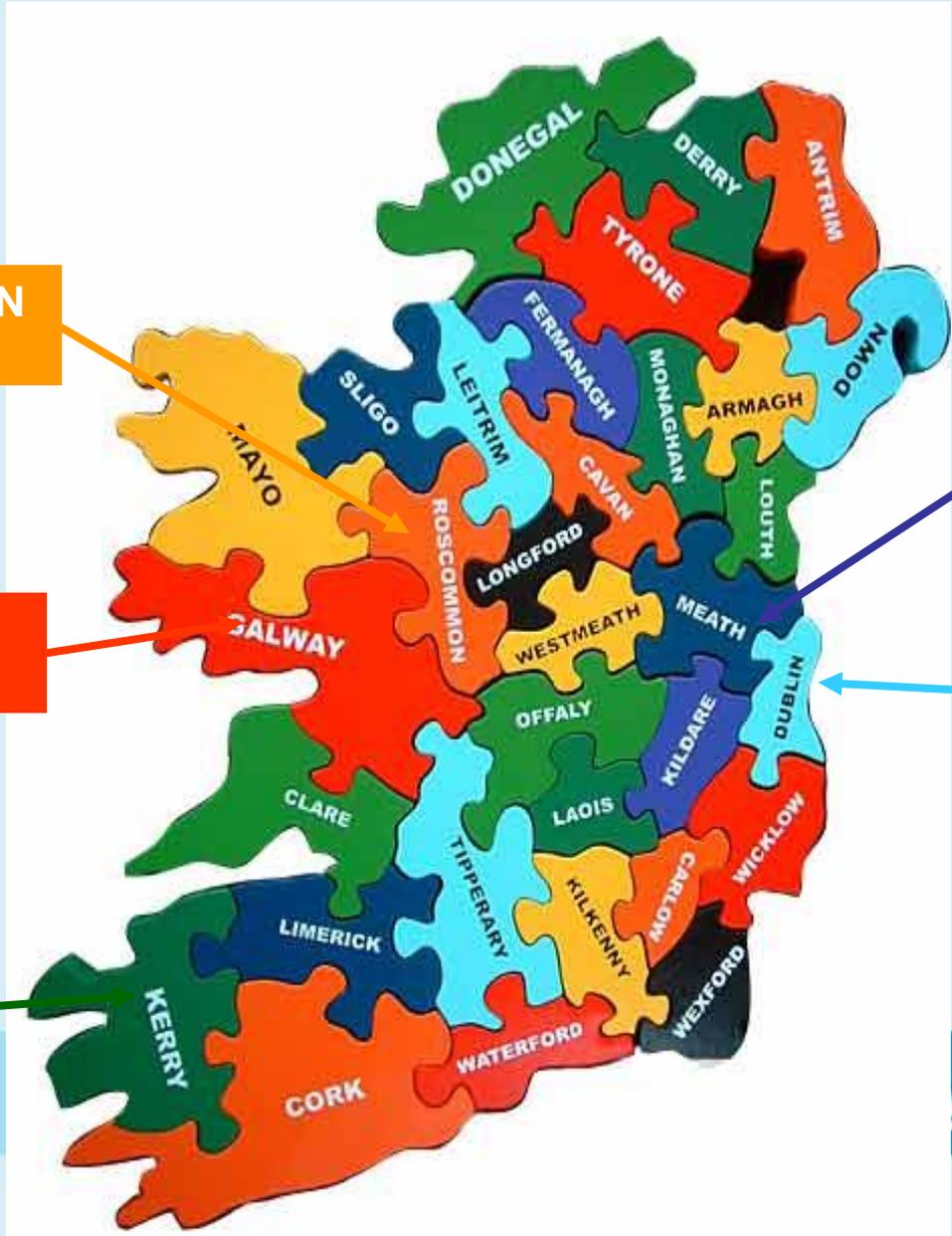
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# Headstrong's *Jigsaw* Initiative



*Jigsaw* is an initiative that aims to support communities to work together to better support the mental health and well-being of their young people

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**ROSCOMMON  
COUNTY**

**GALWAY  
COUNTY**

**KERRY  
COUNTY**

**MEATH  
COUNTY**

**BALLYMUN**

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# 3 Strands = 3 Levels of Need

**Universal**

**Mental Health  
Promotion**

**Young people at risk**

**Youth Centered  
Practice & Jigsaw  
Wraparound  
Facilitation**

**Young people in  
distress**

**Jigsaw Wraparound  
Facilitation & Crisis  
response**

# Lunch Time Lecture Series

**2010**

- Dr. Niall Muldoon, Clinical Director CARI
- Mr. John Lonergan, Former Governor, Mountjoy Prison
- Dr. Iqbal Muhammed, Consultant Psychiatrist, Mater CAMHS
- Father Peter McVerry, Peter McVerry Trust
- Dr. Bonnie Daligga, Detroit



**JIGSAW**  
youngballymun  
YOUNG PEOPLE'S HEALTH IN MIND

Lunchtime Lecture Series

**"The Samaritans"**

**About the lecture:**  
The Samaritans vision is that fewer people die by suicide. We work to achieve this vision by making it our mission to alleviate emotional distress and reduce the incidence of suicidal feelings and suicidal behaviour. This lecture will give an overview of the Samaritans, including:

- A brief history
- Services provided
- How to access these services

**About the speaker:**  
Patricia Byrne has been a volunteer with the Dublin Samaritans since 1996. She is in her third year as the Youth Outreach Officer, promoting the emotional health of young people and developing their coping skills to deal with all feelings, including those feelings that may lead to suicide. She also promotes awareness of the Samaritans as an organisation that is available 24/7.

Wednesday 4th November 2009, 12.30 - 1.30PM  
Axis Centre, Ballymun  
Tea, coffee and sandwiches will be provided.

This free lecture is open to practitioners in the Ballymun area.  
Places must be booked. Contact Catherine McCosgan WAF Coordinator  
(01)8832172 or catherine@youngballymun.org

# Outreach Clinic – Rationale

- No screening, no referral just drop in, anyone is welcome.
- Outreach - not based in a clinic, youth friendly service, meeting young people on terms.
- HSE Psychology, Mater CAMHS, Teen Between, The Samaritans, RSG
- Dual Care Plan



# Get Connected

- 4-9<sup>TH</sup> October 2010
- 30 events across Ballymun
- Local/National media/Awareness
  
- Art competition – John Sharry
- Self care, self esteem (Trinity Comprehensive)
- Myth Busters - Street Education (BRYR Outreach Team)
- Teenage & infant mental health(Ready Steady Grow)
- FAI/DCC/Police Football League



**GET  
CONNECTED**

**MENTAL  
HEALTH  
WEEK 2010**

**WIN A SIGNED  
IRELAND JERSEY  
PLUS LOTS MORE  
PRIZES TO BE WON  
ON THE NIGHT**

## **FINAL OF MIDNIGHT FOOTBALL LEAGUE**

**SPONSORED BY  
JIGSAW YOUNGBALLYMUN  
CONNECTING HEALTHY BODIES  
AND HEALTHY MINDS**

**THURSDAY  
7TH OCTOBER**

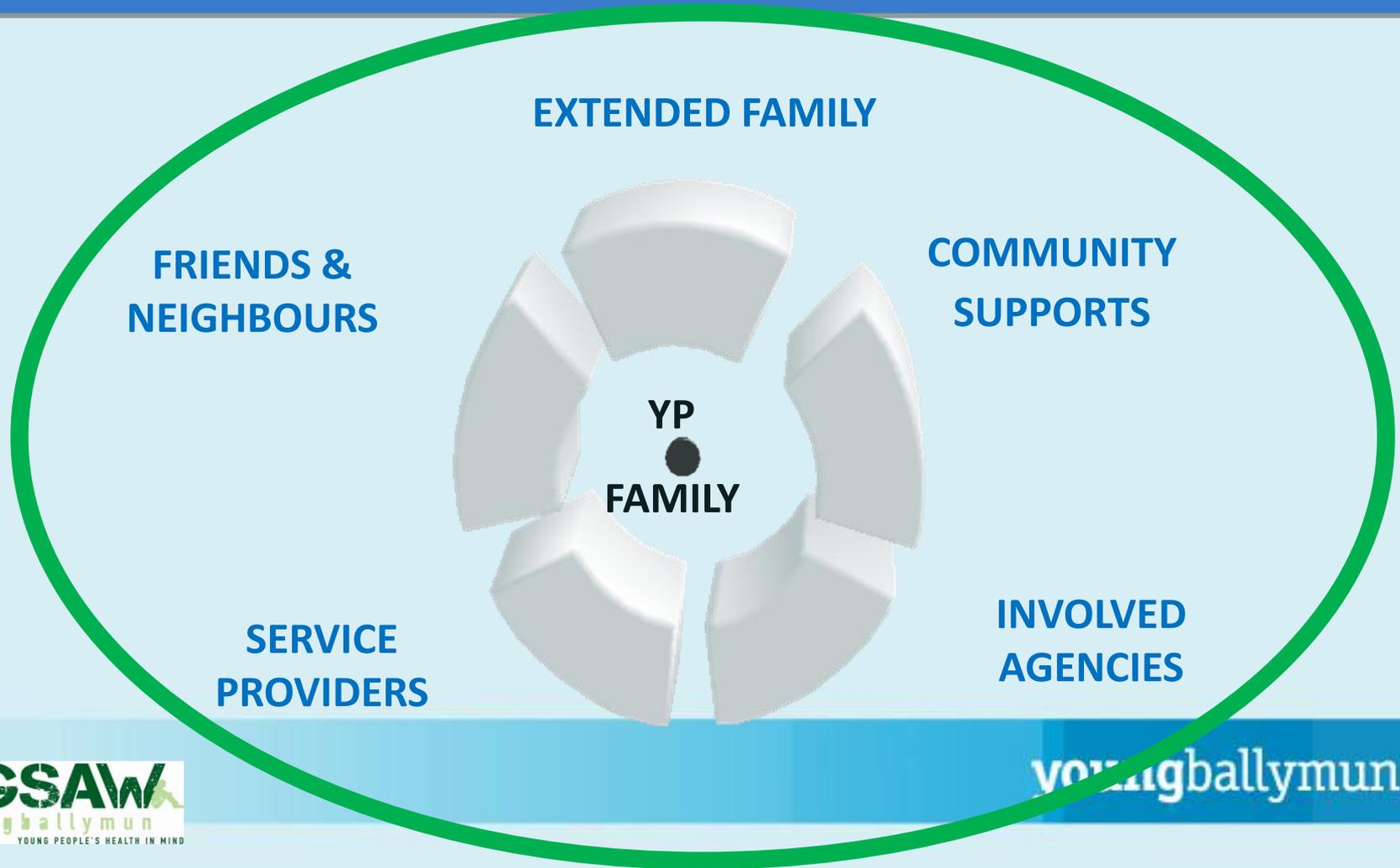
**TRINITY COMPREHENSIVE SCHOOL  
FOOTBALL PITCHES**

**KICK OFF  
7.00PM SHARP**



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# Jigsaw Wraparound Facilitation



# Jigsaw Wraparound Facilitation

- Wraparound Training

- 2009/2010

- 65 Front line Staff Trained

- On Line Data Management

- Clinical Consultation

- Evidence

- Strengths based

- Individualised

- Goal oriented

- Collaborative

- Community based

# Crisis Response

- Service design
- What is a crisis?
- Voluntary, Community & Statutory
- Community training
- Community protocols
- Capacity building



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# JSYB = Sum of our partners

- Aisling Project
- Trinity Comprehensive
- Probation service
- BITE
- Mater CAMHS
- BJC
- Gardaí
- CTC – FÁS
- BRYSR
- Youthreach
- BWRC
- Teen Between
- Samaritans



# Persuade investment in long term Prevention & Intervention strategies

- **Local Needs Analysis & Service Design**
- **Re-engineer existing services**
- **Evidence Base**
- **Systemic change**
- **Outcome Focused**
- **Constant Evaluation**



# THANK YOU

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