# Sean McDonnell & Jacqui Guiry







### **Archways**

- Archways is a philanthropically sponsored organisation
- Remit is to provide evidence based programmes for families with children and teens who are experiencing SEBD
- Work with a series of evidence based programmes including MAP, Triple P, and Functional Family Therapy
- Primary Focus last three years has been on the Incredible Years

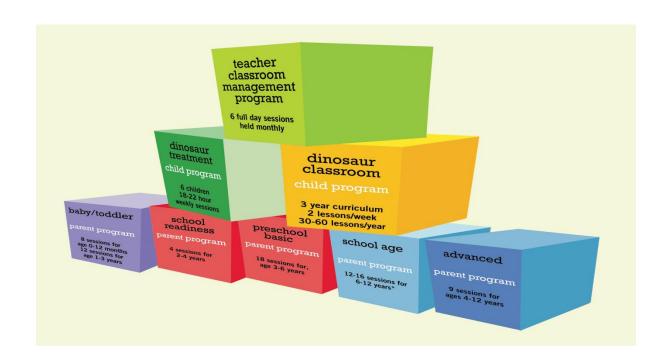


### Incredible Years programme

- A Parent, Child and Teacher training series
- Reduce conduct problems in children
- Decrease negative and noncompliant behavior with parents at home
- Decrease peer aggression and disruptive behaviors in the classroom and community
- Promote social, emotional, and academic competence in children



### Incredible Years





### Evidence base

- Programme evaluated in jurisdictions across world
- 8 RCTs including two in Ireland
- Consistent change effects demonstrated
- Increases in children's social skills, problems solving skills,
  Decision making and understanding of feelings.
- Decreases in parent and teacher reported aggressive and disruptive behaviours and children's negative attributions
  - When applied with fidelity the programme also reduced conduct disordered behaviour and ODD behaviours in 8 out of 10 cases
- All Proven outcomes for organisations





## Programme Implementation/Organisational Benefits

- Programme can be delivered by paraprofessionals (Phns, Family Support Workers, Psychologists, SNAs, Teachers)
- Allows for network development -Interagency working (HSE, Family Centres, Education Units and Schools, Drugs and Community projects)
- Allow the cost of intervention to be distributed across and between agencies
- Allows inter-agency sharing of staff resources and referral systems
- Cost effective-comparable cost to other programmes



### Programme Distribution

- Pilot programme in single site Clondalkin -2006
- Participant and organisation benefits is an attractive service offering that in 2010- programme now available in 12 regional sites and several hundred organisations throughout the country
- Archways roll as support agency in each site



#### **Our Role**

- Training
  - Over 550 group leaders trained since Archways established in 2007
- Delivery
  - Several 100 parent and child programmes delivered nationally
- Teacher programmes delivered nationally (in Limerick, Dublin, Dundalk, Cork, Wicklow)
  - Research
    - Incredible Years Ireland Study Suite of 3 RCTs



#### **Our Role**

- Implementation support to service providers
  - Archways working nationwide with Family Resource Centres, Partnerships, School Completion Programmes, Schools, the HSE, Public Health Nurses, Youth Workers, Regeneration Projects etc.
  - Mentoring and Peer Coaching
  - Building sustainability through providing regular up date training and implementation seminars and workshops
  - Support through the accreditation process to ensure better outcomes and programme fidelity
  - Promotions
  - Archways National Conference & Incredible Years Ireland Forum



### Our inter-agency model

#### Limerick

- PAUL Partnership working with 37 agencies in 17 locations delivering the IY Parent, Teacher & Child programmes
- IY Series included in the Regeneration Master Plan as a programme of choice for the Limerick Regeneration Project

#### Ballymun

- youngballymun working with local school and agencies in Ballymun delivering the IY Parent, Teacher and Child programmes.
- IY adopted as one of the five key strategies within the youngballymun Regeneration strategy



### **Our Practice in Inter-agency Working**



#### **Delivery**

Delivering Parent programmes regularly in Clondalkin.

Worked with local agencies to deliver Dina and Parent programmes

Teacher Programmes delivered nationwide.



#### **Promotion**

Archways National Conference 2008 & 2009

Incredible Years Ireland Forum

Advocating evidence based practice since established in 2007



#### Support

Implementation - planning and building effective sustainable practice

Group Leaders - training and support provided regularly

Materials - support choosing programmes and materials



#### Research

Incredible Years Ireland Study

NUI, Maynooth Research Team & Archways Delivery Team

Working with other agencies to deliver quality research



### Thank You

Jacqui Guiry Sean Mc Donnell

