### Making Rights Real for People with Disabilities in Prison

Dr John Devlin IPS

15 January 2020

# Welcome to IPRT Research

- Article 1 of Convention of the Rights of persons with Disabilities
- Hidden Disabilities
- International experience legal and prevalence data
- Irish Law Prison rules and Criminal Law (Insanity Act) 2006, Disability Act 2005 and Equal Status Act
- Semi-structured interviews
- > Qualitative assessments to identify barriers
- Proposals/recommendations to enhance services

## Issues Raised

- Navigating the system cell environment (physical and sensory access), stairs, accessibility aids, communications (how the system works, rights of prisoners)
- Awareness and understanding by staff
- Health Care
- Medications discontinued, in-possession policy, analgesia
- Access to physiotherapy, Speech/language, signing
- Holistic approach to mental health, use of Seclusion (SOC)
- Planning for release and availability of community services especially mental health

# Recommendations will help IPS to guide:

- CPD training to reflect human rights from a disability perspective
- Equal access to services, programmes and regimes
- Review disciplinary sanctions from a disability perspective
- Review complaints so that prisoners with disabilities have equal opportunities make complaints in accessible ways

## Current Services

- Pharmacy, Psychology, Work and Training 120 workshops, 1330 places printing, braille, metal working etc., Education – adult education approach, In-reach – eg Samaritans, MQI, SVDP etc
- Mental Health
- NFMHS caseload 250, service in all closed prisons (HSE provided in Cork/Limerick), MDT (NCHD, CPN Social work), High Support Units

CMH capacity

> PICLS

## Current Services

- IPS Primary Care service
- GPs and nurses (new GP contract being finalised)
- Drug Treatment Service
- i. 9 week DTP programme, slow detox and stabilisation
- ii. New Drugs Strategy

# Health Care response -equivalent to community

• Disability Assessments and Care Planning

Advance planning – where possible (from Courts)

Committal interviews – nursing and GP

- Care dependency assessment ADL assessment, eg eating, mobility, hygiene, dressing, recreation, communications, daily activities, avoidance of danger, continence => use of a scoring system to plan care
- Care Plan may involve Health Care Assistants, Cell location (close to services), alerting education/work training, Buddy system
- Use of Signing (interpreters), Speech & Language Therapy, Physiotherapy, Occupational Therapy

### Training and Communication

- RPO Curriculum
- Semester 1 Human rights, Equality and Diversity awareness, Mental Health awareness training. Also topics including older prisoners, learning difficulties, effects of addiction
- Semester 2 Health & wellbeing, health care standards, mental health, health needs of groups (women, juveniles, travellers, sexual offenders, chronic disease), Law Policy and practice, Ethical aspects
- Accessible information on Rights, Regimes and Complaints in booklet, audio and visual formats and in different languages

#### WHAT FACTORS COULD CAUSE MENTAL DISTRESS

Many theories, many factors, complex reasons



#### What can I do to in my role?

- Encourage interaction writing letters, exercise, telephone calls, prison work, personal visits.
- Monitor possible suicide gestures or threats and take them seriously
  e.g. 'I wish I was dead', 'it would be better for everyone if I wasn't around'
- Think about how you are communicating with the offender step back and reconsider if you need to signpost to other appropriate services.
- Don't try to 'talk them out of it' or be overly cheerful to try and improve their mood. Give them space if you judge that they need it.
- · Closely monitor any changes in behaviour and mood.

### Physical Environment

- New Builds Part M of Building Regulations
- Older Builds Guided by Part M (adaptation)

> Security issues

>Transfer if facilities cannot be provided

• Training Unit (Mountjoy) – approximately 100 places, 2 high support cells

# Health Needs Assessment

- Crowe Ireland Project Group
- Comprehensive assessment of health needs of prisoners (physical, mental, disability), health care infrastructure and capacity, operations and governance
- Prison comparisons (all, open and closed) and best international practice
- Prisoner and visitor consultation
- Stakeholder consultation
- => Report 2020